

## November Pre-Club Training Clinics — Nov 1st - 24th

Sundays	Clinic	Coach(s)	Court #
4:30-5:30	1st Contact	Chris/Emily	1 & 2
5:45-6:45	Attack with Power	Amir/Emily	1 & 2
7:00-8:00	Setter	Haley	1

Mondays	Clinic	Coach(s)	Court #
5:00-6:00	Basic Skills	Sydney	1
6:15-7:15	Serving	Michele	1
6:15-7:15	Blocking/Tooling the Block	Leigh Anne	2
7:30-8:30	Pass to Attack	Michele/Leigh Anne	1
7:30-8:30	Setter	Rylie	2

Tuesdays	Ct. 1	Coach(s)	Court #
5:00-6:00	Youth All Skills	Camilla	1
6:15-7:15	Skills & Fitness	Hope/Camilla	1 & 2
7:30-8:30	4 on 4 Junior High	Hope/Camilla	1 & 2

Wednesdays	Ct. 1	Coach(s)	Court #
5:00-6:00	All Skills	Tracy	1
6:15-7:15	Middle Blocker	Tracy	1
6:15-7:15	1st Contact	Dani	2
7:30-8:30	Setter -- Advanced	Tracy	1
7:30-8:30	Attacking	Emily	2

Thursdays	Ct. 1	Coach(s)	Court #
5:00-6:00	Attacking Footwork	Leigh Anne	1
6:15-7:15	Blocking/Tooling The Block	Leigh Anne	1
6:15-7:15	1st Contact/Serving	Ali	2
7:30-8:30	Fast 3's -- 4's -- 5's	Leigh Anne/Ali	1 & 2